

CALENTAMIENTO PARA LÁMINAS

Objetivo: Preparar la musculatura para evitar molestias o posibles lesiones

Duración: 10 – 15 min.

Equipamiento:

- Xilófono, Marimba, Vibráfono...
 - Baquetas blandas
 - Metrónomo
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2 BAQUETAS

Escalas:

- Modalidades Mayores y menores
- 2 octavas
- Diferentes figuras (negras, corcheas y semicorcheas)
- Diferentes dinámicas (desde piano a forte)

Arpegios:

- Tríadas (M-m) y cuatríadas (7ª Dom, 7ª M, 7ªm...)
- Estado fundamental e inversiones
- Progresiones cromáticas y diatónicas



ESCALAS

The image displays 14 numbered musical scales on a single staff. Scales 1 through 6 are in 4/4 time, while scales 7 through 14 are in 2/4 time. Each scale is presented as a sequence of notes with repeat signs at the beginning and end. Scale 1 is a major scale starting on C4. Scale 2 is a major scale starting on G4. Scale 3 is a major scale starting on C4. Scale 4 is a major scale starting on C4. Scale 5 is a major scale starting on G4. Scale 6 is a major scale starting on C4. Scale 7 is a major scale starting on C4. Scale 8 is a major scale starting on G4. Scale 9 is a major scale starting on C4. Scale 10 is a major scale starting on G4. Scale 11 is a major scale starting on C4. Scale 12 is a major scale starting on G4. Scale 13 is a major scale starting on C4. Scale 14 is a major scale starting on G4.



ARPEGGIOS

